

SOUTH AFRICAN WEIGHTLIFTING CHAMPIONSHIPS

SENIOR MEN

SATURDAY 30 OCTOBER 2021



sport & recreation

Department:
Sport and Recreation South Africa
REPUBLIC OF SOUTH AFRICA

COMPETITION PROTOCOL (Men)

LOT NO.	FAMILY NAME AND NAME	PROV	BIRTH YEAR	CATEGORY	BODY WEIGHT	SNATCH kg			JERK kg			BEST RESULT		TOTAL kg	SINCLAIR	Ranking	Placing
						1	2	3	1	2	3	SNATCH kg	JERK kg				
Y	STEWART, Tyrell	GAU	2009	45	40,15	28	30	32	38	40	43	32	43	75	152,63	1	
Y	MEJE, Boy	GAU	2006	49	49,00	50F	50	55	67	73	78F	55	73	128	217,81	1	
Y	HLABA, Sibusiso	GAU	2005	55	54,75	40	47	57f	50f	50	60f	47	50	97	151,09	2	
Y	FINGER, Ntokozo	GAU	2005	55	52,95	33	38	42	40	50	55	42	55	97	155,04	1	
Y	TLADI, Katleho	GAU	2005	61	57,30	55	60f	60f	60f	60	72f	55	60	115	173,14	1	
Y	MABUYANE, Prince	GAU	2006	61	61,50	32	37	40f	37	43f	43	37	43	80	114,56	3	
Y	HLABATHE, Thapelo	GAU	2005	61	60,00	70	77	80F	80F	90F	90F	77	0	0	-	-	
Y	MATIWANE, Kwanele	GAU	2007	61	56,00	47F	47	56F	55	60	68F	47	60	107	163,85	2	
S	GRENFELL, Calvin	GAU	1984	67	64,95	84	88	92F	103	107F	107F	88	103	191	263,74	2	
YJS	VAN DER WALT, Slade	WP	2004	67	66,51	89	93	95F	110	115	120F	93	115	208	282,88	1	
Y	MNGINI, Bafana	GAU	2005	67	64,15	57	65f	65f	67	75	80f	57	75	132	183,75	3	
S	De KLERK, Dirk	GAU	1984	73	72,60	78	81F	81F	98	101	104F	78	101	179	230,87	4	
S	STEWART, DEVIN	GAU	1993	73	71,85	82	86	90	102F	102	106	90	106	196	254,32	3	
S	MABUYA, Khati	GAU	1988	73	69,50	107	112	112f	120	130	140f	112	130	242	320,27	2	
S	PHILLIPS, Jon-Antohein	WP	2000	73	72,25	102	107	112	142	147	151	112	151	263	340,16	1	
S	MITCHELL, Kyle	WP	1998	73	70,09	72	76F	76	100	105	110	76	110	186	244,91	6	
S	KATZAV, Daniel	GAU	1994	81	80,35	100F	100	106F	130F	130	137F	100	130	240	292,94	2	
J	PANDOO, Dinesh	Guest	2001	81	75,11	113	117f	117f	140	150f	153	113	153	266	336,55		
YJS	SMITH, Wayne	WP	2004	81	83,17	105	110F	113f	133	136f	140f	105	133	238	285,54	1	
S	BERNSTEIN, Gregory	GAU	1995	89	86,55	110	115	121f	135	140	146f	115	140	255	300,21	2	
Y	ALEXANDER, Wesley	WP	2004	89	83,17	62	66	70	78	81	84f	70	81	151	181,16	7	
S	DU PLOOY, Lyle	WP	1988	89	84,42	100	105	0	120	0	0	105	120	225	268,01	5	

