



Gauteng Weightlifting Senior Records

Updated: 2024/06/25

Senior Men Records

Division	Snatch		
	Name	Weight	Date
55	Standard	82	2019/05/01
61	Boy Meje	95	2024/02/03
67	Standard	93	2019/05/01
73	Khati Mabuya	112	2021/10/30
81	Khati Mabuya	126	2019/08/10
89	Nicolaas du Plooy	138	2024/06/15
96	Nicolaas du Plooy	134	2024/03/22
102	Matthew Hurn	130	2021/04/17
109	Liam Chandler	133	2024/03/31
109+	Gordan Shaw	176	2019/11/30

Clean & Jerk		
	Name	Weight
Standard	98	2019/05/01
Thapelo Hlabathe	115	2023/10/26
Standard	111	2019/05/01
Khati Mabuya	137	2023/11/18
Khati Mabuya	151	2019/08/10
William Swart	169	2024/03/12
Greggory Bernstein	155	2023/10/29
Matthew Hurn	152	2021/04/17
Johan Beukman	157	2022/06/05
Gordan Shaw	201	2019/11/30

Total		
	Name	Weight
Standard	177	2019/05/01
Boy Meje	210	2024/02/03
Standard	201	2019/05/01
Miguel Camacho	244	2023/05/26
Khati Mabuya	277	2019/08/10
Nicolaas du Plooy	305	2024/06/15
Nicolaas du Plooy	286	2024/03/22
Matthew Hurn	282	2021/04/17
Nathan Morris	287	2021/10/30
Gordan Shaw	377	2019/11/30

Senior Women Records

Division	Snatch		
	Name	Weight	Date
45	Standard	51	2019/05/01
49	Angelique Mitchell	58	2023/07/12
55	Alexandra Mundell	74	2024/02/02
59	Anneke Spies	77	2019/05/18
64	Nikita Van Rooyen	75	2024/02/03
71	Laryne Jefferies	88	2023/10/29
76	Laryne Jefferies	91	2024/06/15
81	Standard	76	2019/05/01
87	Standard	78	2019/05/01
87+	Standard	87	2019/05/01

Clean & Jerk		
	Name	Weight
Standard	65	2019/05/01
Angelique Mitchell	73	2023/03/19
Alexandra Mundell	90	2023/09/11
Anneke Spies	95	2019/05/18
Laryne Jefferies	92	2021/10/30
Laryne Jefferies	112	2023/10/29
Laryne Jefferies	109	2024/06/15
Standard	94	2019/05/01
Standard	98	2019/05/01
Standard	111	2019/05/01

Total		
	Name	Weight
Standard	114	2019/05/01
Angelique Mitchell	128	2023/03/19
Alexandra Mundell	162	2023/09/11
Anneke Spies	172	2019/05/18
Laryne Jefferies	176	2021/10/30
Laryne Jefferies	200	2023/10/29
Laryne Jefferies	200	2024/06/15
Standard	207	2019/05/01
Standard	175	2019/05/01
Standard	196	2019/05/01

Comp_Date	Comp_Name	Athlete_Name	Category	B.W	Age	DOB	Best_S	Best_CJ	Total
2024/02/03	1610 Championships 2024	Boy Meje	M 61	60,7	17	2006/06/09	95	115	210
2023/10/26	2023 African Junior Championships	Thapelo Hlabathe	M 61	60,9	18	2005/05/13	86	115	201
2023/11/18	Masters SA Championships 2023	Khati Mabuya	M 73	72,2	35	1988/07/02	100	137	237
2023/05/26	Lift4Boobies 2023/05	Miguel Camacho	M 73	72,9	24	1998/07/17	112	132	244
2024/06/15	SA U14, Yth, Jnr, Snr Championships 2024	Nicolaas Du plooy	M 89	89,0	23	2000/09/18	138	167	305
2024/03/12	13th African Games	William Swart	M 89	89,0	26	1998/01/24	127	169	296
2024/03/22	Gauteng Provincial Championships 2024	Nicolaas Du plooy	M 96	92,2	23	2000/09/18	134	152	286
2023/10/29	SA Senior Championships 2023	Greggory Bernstein	M 96	90,0	28	1995/03/10	119	155	274
2024/03/31	IWF World Cup - Paris 2024. Qual. Event	Liam Chandler	M 109	108,8	19	2004/07/14	133	153	286
2024/02/02	African Championships 2024	Alexandra Mundell	F 55	54,8	24	1999/03/03	74	85	159
2023/09/11	Purist Spring Bash 2023	Alexandra Mundell	F 55	54,9	24	1999/03/03	72	90	162
2024/02/03	1610 Championships 2024	Nikita Van Rooyen	F 64	62,0	31	1992/07/29	75	90	165
2023/10/29	SA Senior Championships 2023	Laryne Jefferies	F 71	70,4	32	1991/10/08	88	112	200
2024/06/15	SA U14, Yth, Jnr, Snr Championships 2024	Laryne Jefferies	F 76	73,0	32	1991/10/08	91	109	200